



Somaiya Ayurvihar

K J Somaiya School of Nursing
K J Somaiya College of Nursing







न मानुषात् परो धर्मः ॥

There is no religion greater than Humanity

Our Founder

K.J.Somaiya Medical College, Hospital and Research Centre was founded by Padmabhushan (Late) Pujya Shri. Karamshi Jethabhai Somaiya, an entrepreneur philanthropist and a visionary par excellence. He was a self-made man, wealthy yet simple, humble and compassionate, who dedicated his life to the service of mankind. He was committed to the ideal of "What you receive from society, give back multi fold".

“न त्वहं कामये राज्यं, न स्वर्गं नार्पुनर्भवेम्।
कामये दुःखतप्तानां प्राणिनामार्तिनाशनम्॥”

"Neither do I long for kingdom, nor for heaven, nor do I desire to be free from rebirth, I only wish to remove the sufferings of all beings afflicted by pain"

He firmly believed in imparting education that teaches not only how to make a living but also, more importantly, how to live

Somaiya Vidyavihar established on 9 Sept 1959 and Somaiya Ayurvihar founded in 1991 are the manifestation of the guiding philosophy of his life, the living legacy he has left behind, a standing monument to his sagacity, perseverance and foresight.



*(Late) Padmabhushan
Pujya Shriman Karamshibhai Jethabhai Somaiya
16.05.1902 to 09.05.1999*

About us

KJ Somaiya Medical Trust was registered under the 'Public Charitable Trust Registration Act on 7 July 1991. The Trust established the KJ Somaiya Hospital & Research Centre and the KJ Somaiya Medical College in the same year.

The facilities are located on a 22.5 acre campus named Somaiya Ayurvihar, in the heart of city of Mumbai at Sion. The Somaiya Ayurvihar Complex also houses the following facilities

K J Somaiya Hospital and Medical Research Centre

The vision of the 500 bedded hospital is to render quality health care at affordable rates to alleviate the suffering of people. Holistic treatment is provided to the patients using alternative systems of medicine like Ayurveda and Yoga along with Allopathy

KJ Somaiya Medical College is a private medical college and offers both undergraduate course of MBBS and postgraduate courses in various specialities. The college has well qualified experienced teaching faculty and Resident Doctors working in 21 well equipped departments.

KJ Somaiya College of Physiotherapy

Started in 2002 offers quality academic and clinical physical therapy education to aspiring physiotherapists. The college prepares graduates and post graduates for professional practice, consultation and research.

KJ Somaiya School of Nursing

Well qualified nurses are pivotal in any health care



organisation, the K J Somaiya School of Nursing was established in 1994 to educate and prepare nursing professionals dedicated to patient care. The KJ Somaiya School of Nursing offers a Diploma in General Nursing & Midwifery program of Three years duration, recognised by the Maharashtra Nursing Council and the Indian Nursing Council.

About K J Somaiya College of Nursing

In order to upgrade the level of health care services and to



Vision

Impart nursing education to prepare professionals who are knowledgeable, skillful, having professional attitudes for rendering nursing services at par with global standards.

Mission

Aspire and strive for excellence in education and service by creating a conducive teaching learning environment and developing the human potential of students for the benefit of the society.



Goals

- *Educate and empower a diverse population of male & female graduate nurses for professional nursing practice irrespective of age, cast, creed, and religion in a variety of settings.*
- *Contribute to scholarly development of professionals through integration of theory, research and clinical practice.*
- *Provide an education foundation to promote selfreliance, cultural competence, ethical sensitivity, leadership and lifelong learning in nursing profession.*
- *Contribute towards global improvement of health care through individual, collaborative and interdisciplinary efforts.*
- *Provide an environment and infrastructure that supports academics, scholarly publications, research, and health care services.*
- *Provide a mechanism for continuous program assessment, evaluation and improvement.*
- *To attract and retain best professional talents through continuous professional and personal development programs, reward and honours for excellence.*

Principal's

Message

I consider it a privilege and honour to be promoted as the Principal of K. J. Somaiya School and College of Nursing.

The Institute offers 3 year Diploma Program in registered nursing and Midwifery and 4 year Graduate Program in Basic B.Sc. Nursing.



Nursing, according to me is a unique profession which has blend of Cognitive, Psychomotor and affective domain. Nursing education empowers one to lift oneself from darkness to light.

I feel that education should not be confined only to books, but empower oneself to explore various avenues. The students who join the institute are young with creative minds and ideas of their own. Each of them has innate abilities and their own strengths. As a facilitator, mentor, and educator it is our bound duty to tap their interest and to build and inculcate the right values amongst them. The focus of the institute is to develop the personality of the student and to prepare nurses with right knowledge, kind heart and proper attitude.

The faculty along with all the non teaching and supportive staff strive to provide quality nursing

Dr. Avani Oke

PHD in Nursing



What is nursing and What do nurses do?

Nurses have the opportunity to do "good" in the world every day, they are the backbone of any healthcare system. Caring for the sick is one of the aspect of what a nurse does; they also observe, diagnose, counsel, coordinate and comfort all the time.

Nurses take on the responsibility and have the expertise to care for the sick, promote health and prevent disease. They help patients and their families cope with illness and emergencies and make a difference in their lives.

A nurse combines science and technology with people skills like communication, problem solving, teaching and compassion to care and connect.

What duties do nurses perform?

There are countless ways that nurses contribute to any

healthcare setting in providing comprehensive patient care. Some of the duties may include;

- Assisting with admission and discharge of patient,*
- Assistance and instructions to patient and their relations.*
- Measuring and recording patients' heart rate, blood pressure and other vital signs.*
- Preparing patients for medical tests or procedures.*
- Assisting physicians with tests and procedures.*
- Maintaining and updating patient medical records.*

What does it take to be a good nurse?

Nurses must be compassionate, responsible, and detail-oriented. They must be willing to take control of stressful situations and to ask for assistance when necessary. They must possess an emotional stability that will enable them to handle illness, injury and emergency situations.

Nurses must also be able to use faculties of sound judgement, enabling them to assess and evaluate the conditions of patients. Nurses who take on specialised education and advance higher at work must be good leaders and be able to negotiate with and manage teams of other nurses.

Is nursing an exceptional career option?

Many exciting and rewarding opportunities exist in nursing. Nurses are caregivers and educated professionals who contribute their knowledge and experience throughout the healthcare system.

In India both men and women nurses work in hospitals, nursing homes, doctors clinics, patients' homes and extended care facilities; today with a sea change in the health care industry they are clinicians, administrators, researchers, consultants and community activists and also work in industry, schools, the armed forces, research laboratories and the education sector.

Well qualified professional nurses are also in great demand for overseas placements. Nurses today are rated as the most trusted and respected healthcare providers. Some statisticians believe that nursing will be one of the 20 most in-demand jobs in the field of medicine in the coming years.

What is the scope of nursing in India?

The profession of nursing has for long been regarded as one of the noblest profession. This profession involves caring for the



sick with due regards to the science of health care. The increase of health consciousness in India had led to a rise in demand for skilled and specialized nurses. This has greatly enhanced the scope for nursing in India.

The nursing duties have a wide range of functions and responsibilities associated with them. The level of qualification of the nurse and the working environment largely determines the functions and responsibilities of the nurse. The nurses at the entry level are required to serve and take care of the patients staying at their bed side. On the other hand, the responsibilities of nurses at senior level include managing special groups of people like psychiatric, pediatric and intensive care patients. The nurses have other responsibilities too, like keeping track of medication dispensed, recording the progress of the patient's health, setting up and operating medical equipments, administration and several such other routine chores.

The organizations which demand service of skilled and professional nurses are hospitals, nursing homes, clinics and health department, orphanages and old age home, military, schools, industrial houses and factories, railways and public sector medical departments. Nurses can serve as educators in training institutes too. Some of the career options that are available for nurses are in the fields of hospital nursing, public health nursing, community health nursing, industrial nursing, occupational health nursing, psychiatric nursing, pediatric nursing and orthopedic nursing.

What makes Somaiya' s Nursing Programs distinctive?

Somaiya Ayurvihar is the only campus in Mumbai with Nursing, Physiotherapy, Medical Colleges and a Hospital in the premises. Both the K J Somaiya School of Nursing and K J

Somaiya College of Nursing Education are committed to redefining healthcare education by preparing students to be members of tomorrow's integrated healthcare team. We want our graduates to be recognized throughout the country as leaders in education, research, healthcare delivery and community services.

To provide hands on training and supporting clinical practice the institute is attached to a 500 bedded K J Somaiya Hospital and Research Centre, a health care organization committed to render quality health care to all its patients. New graduates are given a chance to gain quality career experience as interns here too.

Value Education is another dimension to our education endeavour, apart from carefully well crafted and goal oriented implementation of the academic program, we also provide value added education in terms of soft skill development, leadership, self-exploration and community services.

What about the faculty?

Well qualified and competent teaching faculty is the dynamo of our nursing institute: all the departments of School and College of Nursing have professionally sound and motivated faculty for students. The teachers here are extraordinary people, they go above and beyond normal expectations to help out the students in classroom and clinical situations

What learning equipment is provided at the nursing institutes?

Well-equipped Nursing Laboratories with Mannequins,

Is there a Synergy between the Nursing Institutes and the other Medical Institutes on the Somaiya Ayurvihar campus?

The faculty and students of both the K J Somaiya School of Nursing and K J Somaiya College of Nursing work collaboratively and interactively with the K J Somaiya Hospital and Research Centre, Medical College and Physiotherapy College for excellence in teaching, research, patient care and services. Students learn independently and from one another making studying here a unique experience.

Also every year, Medical, Physiotherapy and Nursing college students come together to enthusiastically participate in the campus cultural festivals.

What are the types of nursing programs offered?

	K.J Somaiya School of Nursing	K.J Somaiya College of Nursing	
Program	Diploma in General Nursing & Midwifery	B.Sc. Nursing	M.Sc. Nursing
Duration	3 years	4 years	2 years
Government Body	Recognized by Maharashtra Nursing Council and the Indian Nursing Council	Affiliated to Maharashtra University of Health Sciences, Nasik.	

Both programs encompass class room teaching, a supervised clinical practice, community health nursing experience, and attitude & value building having multi-dimensional approach.

Class Room Study: *Enables students to have a better understanding regarding the concepts in Nursing, Medical Sciences and Humanities by using the modern methods of teaching.*

Hands on experience: *A supervised, well-coordinated clinical practice which complements theory with practical knowledge for developing the professional skills. The students are placed in various specialty areas in hospitals according to the prescribed curriculum. Qualified faculty help the students achieve greater skills in patient care through continuous guidance and supervision.*

Experiential Learning: *In addition to getting comfortable working in various model environments on campus, K J Somaiya students have access to a variety of off-campus research and clinical education opportunities. The undergraduate nursing program is directed to the development of critical thinking abilities and competencies through participation in various curricular and extracurricular activities.*

Beyond Hospital: *A community based program involves rendering health care services to under privileged section of the society using preventive, promotive, curative and rehabilitative measures. The students are exposed to rural as well as urban areas for Primary Health Care services.*

The program prepares the graduates to be responsible citizens by following the code of conduct and professional ethics at all times. Besides attitude development and value building, the program develops the personality of the students making them distinguished members of the professional fraternity.

What is the difference between the Diploma and the Degree Program?

There are distinct variations in the Fee structure, and the Educational standards between the two programs. B.Sc. Nursing program encompasses detailed theoretical base whereas Diploma program emphasizes more on services.

	Diploma Program	Degree Program	Post Graduation Programme
<i>Offered by</i>	<i>KJ Somaiya School of Nursing</i>	<i>KJ Somaiya College of Nursing</i>	<i>KJ Somaiya College of Nursing</i>
<i>Certificate</i>	<i>Diploma in Revised General Nursing & Midwifery</i>	<i>Bachelor of Science (B.Sc) Nursing Degree</i>	<i>Master of Science (B.Sc) Nursing Degree</i>
<i>Governing Body</i>	<i>Maharashtra State Board of nursing and paramedical education</i>	<i>Maharashtra University of Health Sciences.</i>	<i>Maharashtra University of Health Sciences.</i>
<i>Duration</i>	<i>3 years</i>	<i>4 years</i>	<i>2 years</i>
<i>Fees*</i>	<i>Approved by Shikshan Shulka Samiti</i>	<i>Approved by Shikshan Shulka Samiti</i>	<i>Approved by Shikshan Shulka Samiti</i>
<i>Refundable Deposit</i>	<i>Rs 2,000 one time</i>	<i>Rs 5,000 one time</i>	<i>Rs 5,000 one time</i>
<i>Entrance Examination</i>	<i>As per College</i>	<i>NEET</i>	<i>As per College</i>
<i>Term</i>	<i>September to August</i>	<i>August to July</i>	<i>August to July</i>
<i>Vacation</i>	<i>4 weeks per year</i>	<i>8 weeks per year</i>	<i>8 weeks per year</i>

** Fees are Subject to Change*

Financial assistance / help in terms of guidance & sponsorship

What are the subjects taught in the nursing program?

Our nursing programs introduce the students to a range of subjects that will help provide exceptional care:

Nursing Fundamentals

Nursing Education Methods & Technology

Anatomy & Physiology

Nutrition & Biochemistry

Psychology & Sociology

Pharmacology

Medical-surgical Nursing

Community Health Nursing

Mental Health Nursing

Pediatric Nursing

Maternity Nursing

Nursing Management & Research

Professional Trends

What are the criteria for admission in the degree program ?

An applicant for admission to the first year B. Sc. Nursing course should:

- 1. Have attained or shall attain the age of 17 years on 31 st December of the year in which admission is sought.*
- 2. Have passed: Minimum Education*

I) 10+2 class passed with Science (PCB) and English core/ english elective with aggregate of 45% marks in First attempt from recognized board under AISSCE/CBSC/ICSE/SSCE/ HSCE/or other equivalent board for open category.

II) 10+2 class passed with Science (PCB) and English core/ english elective with aggregate of 40% marks from recognized board under AISSCE/CBSC/ICSE/ SSCE/HSCE/ or other equivalent board for reserved category.

3. Have appeared for NEET of the year in which admission is sought.

4. Be physically and mentally fit.

What are the criteria for admission in the General Nursing & Midwifery Diploma program?

An applicant for admission to the First Year GNM Course should:

1. Have attained the age of 17 years and should not be above the age of 35 years.

2. Have passed:

I) 12th class passed preferably Science (PCB) and English with aggregate of 40% marks.

II) 12th in Arts (Mathematics, Bio Technology, Economics,

3) Be physically and mentally fit.

What are the criteria for admission in the MSc program?

1. The candidate should be a Registered Nurse and Registered midwife or equivalent with any State Nursing Registration Council.

2. The Minimum education requirements shall be the passing of: B.Sc. Nursing/B.Sc. Hons. Nursing/Post Basic B.Sc. Nursing with minimum of 55% aggregate marks.

3. The candidate should have undergone in B.Sc. Nursing / B.Sc. Hons. Nursing / Post Basic B.Sc. Nursing.

4. Minimum one year of work experience after Basic B.Sc. Nursing.

5. Minimum one year of work experience prior or after Post Basic B.Sc. Nursing.

How do students apply for these programs?

Prospective students can Download the application form from www.somaiya.edu/vidyavihar/kjscon and then submit or collect the Application Kit from the admissions office of the K. J. Somaiya College of Nursing, 4th floor of K. J. Somaiya Hospital and Research Centre, Annex building.

What are the submission dates for application forms?

All completed forms along with the admission fees must be submitted to the admissions office on or before,

Mid August – for the Diploma Program

End of September – for the Degree Program

What are the Policies Regarding Admission?

Annual intake of students will be 40 in BSC/GNM& 15 in MSc program

- 1. Preference would be given to the local candidates and those who have studied in English medium school.*
- 2. The result of the admission will be based on merit.*
- 3. It will be mandatory for the students to get immunized against infectious diseases at the time of entry into the program and / or whenever necessary.*

What are the Documents to be submitted along with the admission forms?

As per the University protocols, a candidate seeking admission for the first time in Maharashtra University shall be required to get migration certificate from the University.

The candidate will have to submit the following credentials

(original) and attested copies) along with the prescribed fees:

- 1. Nationally certificate issued by District Magistrate / Passport / Domicile Birth Certificate endorsed with Nationality as “Indian” on it.*
- 2. Secondary School Mark Sheet Board Certificate.*
- 3. Higher Secondary School Mark Sheet and Board Certificate.*
- 4. Migration Certificate (If applicable)*
- 5. Medical Fitness Certificate*
- 6. Equivalence Certificate (If student is a NRI)*
- 7. College Leaving Certificate*
- 8. Mark Sheet of the Common Eligibility Test*
- 9. Reserved category candidates need to submit the following documents, falling which they would be considered in open category:*
 - a) Caste Certificate*
 - b) Caste Validity Certificate*
 - c) Non Creamy Layer Certificate (VJ, NT, OBC, SBC)*

The eligible SC/ST, OBC, PWD students etc. should submit their scholarship forms for the academic year by February for processing scholarship to SC/ST. OBC, PWD etc. each year.

Are there any reservation for Non Resident Indians

(NRIs), Person of Indian Origin (PIO), and Foreign Nationals (Fns)?

Yes, 15% of the total number of seats in the Degree Program is reserved for Non Resident Indian (NRIs), Peoples of Indian Origin (PIOs) or Foreign Nationals (Fns).

NRIs/PIOs enrolled in the Degree Program: Rs. 2,00,000/- (Approx) per year + Rs. 5,000/- Interest free refundable deposit

Kindly note that yearly fees are subject to change

Rules Regarding Refund of Fees:

The admission of a candidate will be confirmed subject to the payment of fees.

Only tuition fee is refundable.

- a) 80% of the fees will be refunded if the student leaves the college before the commencement of the term.*
- b) 70% of the fee will be refunded if the student leaves the college within 15 days from the commencement of the term.*
- c) 50% of the fees will be refunded if the student leaves the college after 15 days, but within 30 days of commencement of the term.*
- d) 100% of the fee will be refunded if a student is provisionally admitted and is found subsequently not eligible.*
- e) No fees will be refunded if the students leaves the college after one month.*
- f) Refund of fees will be at the discretion of the principal.*

Does the institute provide any Clinical Experience?

The students are posted in various wards and outpatient departments of K. J. Somaiya Hospital and Research Centre. To provide greater clinical exposure, the students are also posted in Municipal Corporation and Government Hospital. The postings are planned taking into consideration the teaching–learning activity. Faculty members accompany the students during the clinical postings to ensure that students gain expertised skill required to become professional nurses.

Students are also posted in urban and rural areas for their community health nursing experience.

Clinical experience is arranged each year as per the requirement of the course. This is subject to change without any prior notice at the discretion of college authorities. Shift duties too, are planned as per the curriculum requirement.

What are some of facilities offered for the students' welfare?

Accommodation: A comfortable 100 bedded hostel facility is available for the students within the campus for both boys and girls separately. The hostel facility is granted to the students on first come first serve basis.

Care is taken to create a homely atmosphere. Hostel living is an experience of a community living where students belonging to different backgrouds live together. The culture of caring, sharing, being responsible for one's own decision or action and harmonious living is inculcated in students.

A new hostel with more accommodation is being planned on

the campus as well. Please enquire about the hostel fees once admission is granted.

Food and Beverage: Nutritious and well balanced vegetarian meals are served in the mess. The food is cooked in hygienic conditions and safe drinking water is also provided.

College Library: The students can access the facility of the nursing college as well as medical college library. Both libraries are stocked with the latest nursing books and journals for reference and study.

Computer Laboratory: A well-structured curriculum is offered to the students by competent authorities from recognized institute. The college also provides Internet facility for students to update their knowledge. The college also allows students to use computers to practice their skills.

Are there any extracurricular activities organised?

On Somaiya Ayurvihar extracurricular involvement is a key tool in personal development of our student. Students are encouraged to get involved in extracurricular activities not only for entertainment, social, and enjoyment purposes, but most important, to gain and improve skills and professional growth

The students are given the opportunity to participate in the competitions organized at zonal, state and national level. Workshops, seminars, scientific paper presentations, arts and literary competitions are some of the activities which the students participate in as members of the Students Nurses Association.







Somaiya Ayurvihar

**K J Somaiya College of Nursing,
K J Somaiya Hospital (Annex Building),
4th Floor**

***Somaiya Ayurvihar Complex,
Eastern Express Highway, Sion (East),
Mumbai – 400 022. India.***